



## Eliot Church Day Center

273 Summer St.  
Lowell, MA 01952

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# Day Center News

3/18/2022

We are open for business and running full speed ahead!  
Now, fully staffed, we are meeting the needs of our guests quite well.

We have two relatively new folks joining us:

- ★ Donny Bouphavongsa, a new Caregiver of Place and People helping to man the floor
- ★ Ruy Costa, Day Center Chaplain

They top off the list of other amazing stars running the Day Center:

- ★ Garrett Casey, Director of Social Services
- ★ Barbara Pagan, Assistant Manager

And Bridgewell members:

- ★ Juan Galarza, Caregiver of People
- ★ Sau Richards, Caregiver of People

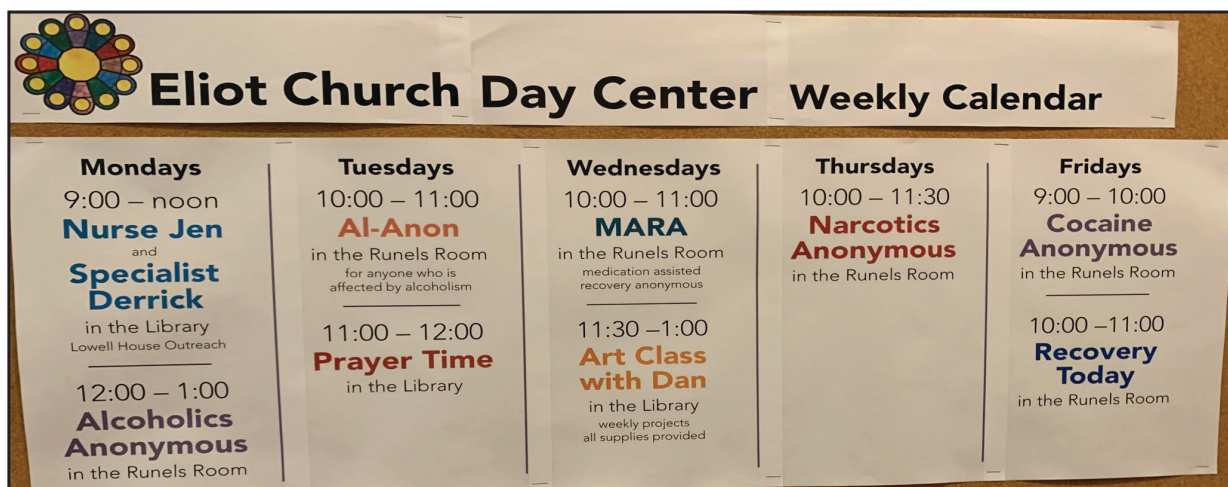
And of course, where would we be without angels? These two are here every week, sometimes more than once, getting people what they need.

- ★ Claire Gagnon, Caregiver — food and fellowship
- ★ Willere Lubin, Caregiver — food and fellowship
- ★ Laurae Richards, Caregiver — food and fellowship

And there are so many others who contribute, randomly or routinely. Thank you all for such fine work! We celebrate with the grace of God and pray to make the world a little better for those in need.

## A general list of much of what we do/offer here at Eliot Day Center

- Shelter from the weather
- Coffee, tea, milk, water ,and sometimes juices or sodas
- Light meals:
  - soup
  - bread, toast, crackers
  - peanut butter / jelly / Nutella
  - oatmeal
  - various meals from St. Paul's dinners
  - etc.
- Phone charging
- Board and card games
- Weekly activities, including recovery sessions:



The image shows a weekly calendar for Eliot Church Day Center. It features a colorful logo of a sun with rays in various colors (yellow, orange, red, purple, blue, green) at the top left. The title "Eliot Church Day Center Weekly Calendar" is prominently displayed. The calendar is organized into five columns, one for each day of the week, detailing various activities and recovery sessions.

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9:00 – noon <b>Nurse Jen</b> and <b>Specialist Derrick</b> in the Library Lowell House Outreach	10:00 – 11:00 <b>Al-Anon</b> in the Runels Room for anyone who is affected by alcoholism	10:00 – 11:00 <b>MARA</b> in the Runels Room medication assisted recovery anonymous	10:00 – 11:30 <b>Narcotics Anonymous</b> in the Runels Room	9:00 – 10:00 <b>Cocaine Anonymous</b> in the Runels Room
12:00 – 1:00 <b>Alcoholics Anonymous</b> in the Runels Room	11:00 – 12:00 <b>Prayer Time</b> in the Library	11:30 – 1:00 <b>Art Class with Dan</b> in the Library weekly projects all supplies provided		10:00 – 11:00 <b>Recovery Today</b> in the Runels Room

- On Wednesdays from 11 a.m. to 1 p.m. we offer an art class — an opportunity to learn and create
- Clothing is offered, only as available — we don't have everything all the time
- Toiletries: razors, soap, shampoo, conditioner, tooth brushes and paste, lotion, etc.

There is more. But this gives a pretty good sketch of where we are today.

*Peace, Charly Ott, Director of Operations*